



TOP QUESTIONS ASKED

Before undergoing plastic surgery abroad

OTOPLASTY

Will I still look like "me" after surgery?

Many of our patients report that, upon return to work and routine daily activities, friends and acquaintances make the following remarks: "Gee you look great. Did you change your hairstyle?" or "Have you been on vacation?"

Retaining your unique beauty is the sign of a successful procedure. Although the change may be significant to you, it's not uncommon that friends and family don't really notice the specific changes.

Will I be awake during otoplasty surgery?

Using IV sedation (medicine administered through an IV) and a local anesthetic (numbing medication administered in the operating room), patients are asleep during operation. Patients do not hear or feel anything and are comfortable during otoplasty surgery.

Patients wake up very soon after the ear pinning surgery is completed. Intravenous sedation is a type of anesthesia; therefore all patients must have a responsible adult to stay with them through the night following surgery. Patients may not drive for 24 hours after their otoplasty procedure and this time may be longer, depending on the procedure.

How long will it take for the ears to heal?

It takes at least 6 weeks for 50% of the swelling to diminish, 80% within six months, and one year for the final shape to be obtained. However, within 2-3 weeks your ears will look remarkably better.

The shape and contour will be readily seen and appreciated after this short period of time.

When can I shower?

The head dressing must remain dry and in place overnight following your otoplasty surgery. Therefore, you should not shower until after the dressing is removed. You may take a bath any time following dressing removal and may wash hair three days postoperatively.

Are there any instructions about regular daily activities?
Sleep with head of the bed elevated or use two to three pillows.

Facial fullness and disrupted sleep are very normal postoperative symptoms and will decrease as the healing process occurs.

Absolutely no bending, lifting or straining for one week after otoplasty surgery. If you have little children, bend at the knees or sit on the floor and let them climb on to your lap.



"I chose Wellness Travels to organise my surgery in Lithuania and I have to say I didn't find any problem with them from the moment I booked till the moment I left. My travel assistant was lovely. Staff and doctors at the clinic were amazing. I will definitely be back for further surgeries" – Nicola, Ireland



WHY LITHUANIA?

Lithuanian health care is known for transparency and quality. The country is EU & NATO member for more than 10 years, has € as its currency and strictly meets all of the Western medicine standards. Yet, due to lower taxes and less expensive labour, it has a price advantage. This means that you will pay mostly for the treatment. All in all, Lithuania is regarded as a superior quality care provider at fair prices.

- ✓ Experienced physicians;
- ✓ State-of-art technology;
- ✓ Latest treatment methods;
- ✓ Maximum safety;
- ✓ 3x lower price than in the UK/Scandinavia/Holland;
- ✓ Round trip flights for €100 / £73.



Lithuania offers a wide list (around 1000) of sightseeing objects. Here you will definitely discover something that you have never seen anywhere else.



1-3 HOURS FLIGHTS

The country is easy to reach from anywhere in Europe! Well developed, affordable and abundant air-travel makes it easier than ever. Direct flights available from UK, Ireland, Benelux countries, Germany and Scandinavia usually take just 1-3 hours.

What are the next steps?

1

Contact us

Once you know what you would like, contact us via email, phone/Skype, Whatsapp/Viber. You could also contact our surgeons directly via a safe inquiry form on our website.

We will provide all the necessary information and send you an exact quote. You can also have a free and non-binding consultation with your surgeon.

3

Make your decision

If all seems fine, we will provide you with contracts for medical services; help you with flights and travel; and book accommodation and everything else for you.

Get your surgery done!

4

Few days before the departure, you will receive a travel information package; and, finally, we will meet and greet you at the airport in Lithuania.

The fastest way to get an exact quote is to contact one of our surgeons directly. You can do that by [clicking here](#) and filling-in a safe inquiry form. The surgeons will then evaluate your case and provide recommendations. We guarantee that your personal information will be kept securely and handled properly.

Get a quote

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