

A close-up portrait of a woman with blonde hair pulled back, looking slightly to the right with a soft smile. Her eyes are a striking blue, and her lips are a natural pink. The background is plain white.

TOP QUESTIONS ASKED

Before undergoing plastic surgery abroad

LABIAPLASTY

WHAT KIND OF ANESTHESIA IS USED IN LABIAPLASTY SURGERY?

For labia minora reduction: the procedures are performed with sedation and local anesthesia, and take approximately about an hour.

For labia majora reduction: This surgery takes about one and a half hours and is usually performed under general anesthesia.

WHAT CONDITION USUALLY LEADS TO THE SURGERY? WHAT IS DONE DURING THE SURGERY?

Labiaplasty (or labioplasty) is a recently popularized genital surgery procedure of the female external genitalia folds – the labia minora and/or the labia majora. It helps women that have too large, irregular, or asymmetrical labia minora or labia majora either from their birth or as a result of childbirth or aging. Labiaplasty reduces the size and reshapes the inner lips of the outside of the vagina (the labia minora), or the outer lips (labia majora).

WHEN CAN I SEE THE FINAL RESULT?

The final result could be seen in about 2 months after the surgery.

WILL MY SEXUAL PARTNER SEE OR FEEL ANY CHANGES RESULTING FROM MY LABIAPLASTY?

Feeling a change after a labiaplasty largely depends on the degree of labia abnormality to begin with. Simply said, if there is enough labia tissue present before a labiaplasty is performed that interferes with sexual activity, then usually the sexual partner will feel a difference after labiaplasty, because the excess tissue won't interfere with any sexual act as it might have before.

As well, it will be very apparent to your sexual partner that the external structure of the labia will have been altered visually—namely, they'll be smaller and better aligned. Your sexual partner will clearly notice this change for the better.

IF DISSOLVABLE STITCHES ARE USED WHEN DO THEY TYPICALLY DISSOLVE?

Dissolvable sutures are used exclusively in labiaplasty. They typically dissolve at 7 – 21 days (some dissolve in 7-10 days), allowing tissues to heal in the most natural way.

WHAT ABOUT THE LENGTH OF THE STAY ABROAD (IN LITHUANIA) AND HOW LONG UNTIL I CAN RESUME SEXUAL INTERCOURSE?

For labia minora reduction: to guarantee your safety it is required to stay in Lithuania for 2-5 days following the surgery. Most patients experience mild discomfort, swelling, and bruising after labiaplasty which lasts 2-7 days.

You can return to normal activities and work within two days, you should refrain from jogging, biking, horseback riding, running, heavy lifting, and sexual intercourse for about 4-6 weeks.

For labia majora reduction: patients can return to work in 5 days, resume sexual relations in about 4-8 weeks.

WHAT ABOUT THE POSSIBLE COMPLICATIONS AND WHAT IF SOMETHING GOES WRONG?

Labia minora is considered a minor surgical procedure, and thus is relatively risk free. The most common potential complications are bleeding, minor infection, incision breakdown, scarring, and/or irritation.

For **labia majora reduction**: possible complications are quite rare and include distal flap necrosis, hematoma, superficial infection, skin retraction, late local pain, and transient dyspaurenia.

While still in Lithuania: in case you are feeling unwell or there is anything abnormal, you will be immediately checked upon by the medical personnel. Should there be a need for a follow-up procedure, it would be carried out for you free of charge.

Complication in the later stages of the recovery is extremely rare and most of the time not immediate. If they happen, our surgeon would consult you online and explain the steps to take. In case a follow-up procedure is needed, it would be done for free at the clinic. However, the transport & accommodation would not be covered by us.

COULD LABIAPLASTY CAUSE INSENSITIVITY?

There is no physiological association for sensory pleasure with the labia—that function is served by the clitoris. The only sensation elicited from labia is pain upon tearing or stretching. Labiaplasty can't cause a loss of sensitivity when done correctly.

Approximate all-included price for labia minor reduction: €1195* | labia majora reduction: €1370* | labia minora & majora reduction: €1970*

Includes: everything for the treatment, anesthesia; all the needed help with the trip, such as finding best airplane ticket deals, accommodation booking, meeting at the airport, personal driver within Lithuania, phone+SIM card for unlimited calls in Lithuania; needed consultations, medical tests, 24/7 assistance in Lithuania in case something is needed, help with after-care, insurance of up to € 35,000 against injury resulting from malpractice.



“I chose Wellness Travels to organise my surgery in Lithuania and I have to say I didn’t find any problem with them from the moment I booked till the moment I left. My travel assistant was lovely. Staff and doctors at the clinic were amazing. I will definitely be back for further surgeries” – Nicola, Ireland

* Given price is approximate and may slightly vary depending on every individual case. The exact price is determined after a free and non-binding Skype consultation with our surgeon (alternatively, one could send photos of the treatment area(s) directly for the doctor’s evaluation via a safe inquiry form on our website).

Discounts apply if multiple procedures are combined (may not be possible due to safety concerns).



WHY LITHUANIA?

Lithuanian health care is known for transparency and quality. The country is EU & NATO member for more than 10 years, has € as its currency and strictly meets all of the Western medicine standards. Yet, due to lower taxes and less expensive labour, it has a price advantage. This means that you will pay mostly for the treatment. All in all, Lithuania is regarded as a superior quality care provider at fair prices.

- ✓ Experienced physicians;
- ✓ State-of-art technology;
- ✓ Latest treatment methods;
- ✓ Maximum safety;
- ✓ 3x lower price than in the UK/Scandinavia/Holland;
- ✓ Round trip flights for €100 / £73.



Lithuania offers a wide list (around 1000) of sightseeing objects. Here you will definitely discover something that you have never seen anywhere else.



1-3 HOURS FLIGHTS

The country is easy to reach from anywhere in Europe! Well developed, affordable and abundant air-travel makes it easier than ever. Direct fights available from UK, Ireland, Benelux countries, Germany and Scandinavia usually take just 1- 3 hours.

What are the next steps?

1 Contact us

Once you know what you would like, contact us via email, phone/Skype, Whatsapp/Viber. You could also contact our surgeons directly via a safe inquiry form on our website.

Get a quote

2

We will provide all the necessary information and send you an exact quote. You can also have a free and non-binding consultation with your surgeon.

3 Make your decision

If all seems fine, we will provide you with contracts for medical services; help you with flights and travel; and book accommodation and everything else for you.

Get your surgery done!

4

Few days before the departure, you will receive a travel information package; and, finally, we will meet and greet you at the airport in Lithuania.

The fastest way to get an exact quote is to contact one of our surgeons directly. You can do that by [clicking here](#) and filling-in a safe inquiry form. The surgeons will then evaluate your case and provide recommendations. We guarantee that your personal information will be kept securely and handled properly.
