

A close-up portrait of a woman with blonde hair pulled back, looking slightly to the right with a soft smile. Her eyes are a striking blue, and her lips are painted a vibrant pink. The background is plain white.

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# TOP QUESTIONS ASKED

Before undergoing plastic surgery abroad

## BLEPHAROPLASTY (EYELID SURGERY)

### ***WILL THIS SURGERY TAKE AWAY THE BAGS AND LINES UNDER MY EYES?***

Most patients who have bags under the eyes have what is called pseudo-herniation of fat.

This means that the fat that normally exists around the eyeball has pushed out past the edge of the bone of the eye socket, producing the bags.

In some patients, the bags under the eyes are actually on the cheek and lower eyelid surgery will not fix this. In addition, if discoloration of the skin is a concern, it is important to ask the surgeon if just operating on the lower eyelid will fix the discoloration.

Most of the time, the dark circles under the eyes are due to shadows from the fat. At times though, this discoloration is due to pigment in the skin. If pigment is the problem, additional procedures may be required to address just the discoloration below the eyes.

### ***FOR UPPER EYELID SURGERY, DO I NEED A BROW LIFT?***

For some people, a combination of an upper eyelid blepharoplasty and brow lift is needed.

A crude way of determining if brow lifting is necessary is to manually elevate the brows and look if the eyebrows are still in a good position and if some of the problem of the upper eyelids has resolved. Sometimes it is the brows that make people look tired, not just the upper eyelids.

### ***WILL THERE BE SCARS?***

Though surgeons typically make incisions in the folds of the eyelids to hide any potential scarring, the appearance of some scarring from blepharoplasty is possible.

As with most post-surgical complications of eyelid surgery, it can be treated by an additional revision surgery. Some patients believe that applying aloe vera or vitamin E can help in reducing the appearance of scar tissue.

It is recommended that you avoid rubbing the area for approximately six weeks to avoid damaging the tender new tissue.

Other patients choose to conceal any apparent scarring from blepharoplasty by applying makeup.

### ***WILL THE RESULTS BE LONG TERM?***

The results of eyelid surgery generally last for years. For some, the positive effects of their blepharoplasty procedure are permanent, allowing them to enjoy a lifetime of youthful-looking eyes.

It should be noted that while fat taken from the eyelids during blepharoplasty is removed permanently, as the aging process continues, the wrinkling and looseness that was seen in the skin prior to surgery may return.

A brow lift performed in conjunction with blepharoplasty can reduce the likelihood of this occurring.

Most patients are pleased with their eyelid surgery results and the youthful enhancement that blepharoplasty can provide.

### ***What about the length of the stay abroad (in Lithuania) and recovery period?***

To guarantee your safety it is required to stay in Lithuania for 5 days following the surgery. Discoloration usually goes away after several weeks; swelling may require slightly longer to completely relieve.

### ***What about the possible complications and what if something goes wrong?***

Eyelid rejuvenation is relatively safe and straightforward. Temporary blurred vision usually clears up within a few days. Rarely, a drooping or retracted eyelid, or darkening of the lids may be caused by blood residue, but can usually be treated satisfactorily. On extremely rare occasions, blindness in an eye may occur.

While still in Lithuania: in case you are feeling unwell or there is anything abnormal, you will be immediately checked upon by the medical personnel. Should there be a need for a follow-up procedure, it would be carried out for you free of charge.

Complication in the later stages of the recovery is extremely rare and most of the time not immediate. If they happen, our surgeon would consult you online and explain the steps to take. In case a follow-up procedure is needed, it would be done for free at the clinic. However, the transport & accommodation would not be covered by us.

### ***What about the price and what does it include?***

The price of blepharoplasty depends heavily on what needs to be done and differs in each particular case. To get an exact quote, please fill-in the [safe inquiry form on our website](#).

**Includes:** everything for the treatment, anesthesia, 1 night of hospitalisation; all the needed help with the trip, such as finding best airplane ticket deals, accommodation booking, meeting

at the airport, personal driver within Lithuania, phone+SIM card for unlimited calls in Lithuania; needed consultations, medical tests, 24/7 assistance in Lithuania in case something is needed, help with after-care, insurance of up to € 35,000 against injury resulting from malpractice.



*“I chose Wellness Travels to organise my surgery in Lithuania and I have to say I didn’t find any problem with them from the moment I booked till the moment I left. My travel assistant was lovely. Staff and doctors at the clinic were amazing. I will definitely be back for further surgeries” – Nicola, Ireland*



## WHY LITHUANIA?

Lithuanian health care is known for transparency and quality. The country is EU & NATO member for more than 10 years, has € as its currency and strictly meets all of the Western medicine standards. Yet, due to lower taxes and less expensive labour, it has a price advantage. This means that you will pay mostly for the treatment. All in all, Lithuania is regarded as a superior quality care provider at fair prices.

- ✓ Experienced physicians;
- ✓ State-of-art technology;
- ✓ Latest treatment methods;
- ✓ Maximum safety;
- ✓ 3x lower price than in the UK/Scandinavia/Holland;
- ✓ Round trip flights for €100 / £73.



Lithuania offers a wide list (around 1000) of sightseeing objects. Here you will definitely discover something that you have never seen anywhere else.



## 1-3 HOURS FLIGHTS

*The country is easy to reach from anywhere in Europe! Well developed, affordable and abundant air-travel makes it easier than ever. Direct flights available from UK, Ireland, Benelux countries, Germany and Scandinavia usually take just 1- 3 hours.*

## WHAT ARE THE NEXT STEPS?

### 1 Contact us

Once you know what you would like, contact us via email, phone/Skype, Whatsapp/Viber. You could also contact our surgeons directly via a safe inquiry form on our website.

### 2 Get a quote

We will provide all the necessary information and send you an exact quote. You can also have a free and non-binding consultation with your surgeon.

### 3 Make your decision

If all seems fine, we will provide you with contracts for medical services; help you with flights and travel; and book accommodation and everything else for you.

### 4 Get your surgery done!

Few days before the departure, you will receive a travel information package; and, finally, we will meet and greet you at the airport in Lithuania.

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*The fastest way to get an exact quote is to contact one of our surgeons directly. You can do that by [clicking here](#) and filling-in a safe inquiry form. The surgeons will then evaluate your case and provide recommendations. We guarantee that your personal information will be kept securely and handled properly.*

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